

# CONFIDENCE TRAIL



**Difficulty:** Easy  
**Hiking Distance:** 1 to 10 miles depending on the route selected  
**Start Elevation:** About 4200 feet  
**Elevation Change:** Less than 100 feet

## Description:

This trail is actually the old roadbed for a portion of the Sugar Pine railroad and because of this it has a very gentle grade all of the way to Lyons reservoir that is suitable for hikers of any ability. It is also a great place to take your mountain bike for a spin. Most of the land on either side of the trail is owned by Sierra Pacific Industries (SPI), a timber and lumber operation, and as a result you may occasionally have some timbering activity in the area. Unfortunately, in the last 18 months SPI has cut a number of acres and the forest views are not quite as nice as they were before. The variety of wildflowers is still great with the potential for viewing more than 60 different species during periods of peak blooming. From the end closest to Twain Harte it is nearly 5 miles to the Lyons reservoir if you decide to go all of the way. A round trip hike of from 1 to 10 miles is always well rewarded from the middle of March through June. Depending on rain, temperatures, and snowfall the blooming period may begin earlier and extend later with the "normal" peak period for blooms in the middle of May. There is limited parking at the trailhead and just a few spaces as you turn off of Middlecamp road. The elevation here is about 4200 feet which adds to the plant diversity and with luck you may be able to spot coyote, deer, mountain lions, and other large mammals.

Area's Blooming Season	March	April	May	June	July	August	September	
		Light Blue	Light Blue	Green	Green	Red	Orange	
	Early	E	Mid	M	Late	L	Very Late	V

## Trailhead Directions:

From State Highway 108 about a mile past the Confidence Inn turn left onto Middle Camp road and proceed about 2 miles to intersection with Confidence road. Park on the left as you continue downhill or at the first pullout on the right of the roadway. The gate across the access point is a couple of hundred feet and the trail begins at this point.

